

# NIGHTHAWK S.W.A.T. SCHOOL

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Date: July 21, 2009

Interested Persons and Agencies,

The Alabama Department of Public Safety is having a Special Weapons and Tactics School. The school will begin Sunday, October 18, 2009 at 1:00 PM and end Friday, October 23, 2009. The training will be held at the Alabama Criminal Justice Training Center in Selma, Alabama. The cost of the school is \$400.00 per student. This includes meals, lodging and classroom supplies. Students must supply their own ammunition.

The course will consist of approximately 80 working hours. Periods of instruction will include woodland movements, tactical combat shooting with handguns and semi-auto rifles, room entry and clearing techniques, live fire shoothouse, combatant control, tactical movements, chemical agents, basic rappelling, and other basic level SWAT skills.

If you are interested, please send a number of how many officers who want to attend so that a spot in the class can be reserved. **There will be only 32 spots available.**

If you have any questions please contact me at 334-872-0435 or FAX 334-874-6669

Listed below are the items you will need to bring with you:

1. Boots (minimum one pair)
2. Several pairs of thick socks
3. Fatigues (three sets minimum)
4. Urban web gear\* (self contained equipment vest with flashlight holder, magazine pouches, holster etc.)
5. Non-urban web gear\* (consisting of a load bearing vest, ammo pouches, canteen and cover, holster etc.)
6. Flashlight
7. Knife (Rambo style knives are not recommended)
8. Gloves with reinforced palms for rappelling
9. Personal first aid kit
10. "D" rings or oval carabineers for rappelling (we prefer the locking gate)
11. 14' of rappel rope for Swiss Seat or commercial/military grade rappel seat (all ready-made will be checked and approved by Rappel Master before using)
12. Assault rifle or sub-machine gun (No sniper rifles)\*\*
13. Sidearm that you will carry on tactical operations
14. Head cover, black, blue, dark green or camouflage
15. Roll of black electrical tape
16. Gun cleaning equipment
17. Dark colored poncho or other rain gear
18. Functional gas mask
19. PT gear including running shoes
20. Safety glasses/eye protection for firing range
21. Bullet proof and/or entry vest
22. Handcuffs and/or flex cuffs
23. Ballistic shield (if available)
24. One Distraction Device (Def Tec, Accuracy System etc.)
25. Kevlar Helmet (if available)

\*One set of web gear is acceptable, however, due to the changing environment, one set for urban and one set adapted for a non-urban environment is desired.

\*\* No Shotguns!!

In addition to the above equipment, the following ammunition is required:

Sidearm	500 rounds
Assault rifle or sub-gun	100 rounds

Please contact me at the Training Center if you have any questions or if we may be of any assistance to you. Our phone number is (334) 872-0435 and our FAX number is (334) 874-6669.

Respectfully,

Corporal Edward Bennett  
SWAT Training Coordinator

Enclosures: [1 physical fitness/forearms form]

# ACJTC Basic SWAT School Physical Fitness/Firearms-Evaluation Form Supervisor's Endorsement

I have observed and evaluated \_\_\_\_\_ of the  
(applicant's name)

\_\_\_\_\_ and found him/her physically prepared to  
(applicant's agency)

participate and complete the Alabama Criminal Justice Training Center's Basic Special Weapons and Tactics School including the fitness evaluation of 2 pull-ups, 35 sit-ups in one minute, 35 push-ups in one minute, a one mile run in full tactical gear on 12 minutes and the Firearms Qualification Course with a score of 80% (40 out of 50). This applicant has no medical problems that I am aware of that may interfere or affect his/her participation In this program.

\_\_\_\_\_  
(supervisor's name)

\_\_\_\_\_  
(supervisor's signature)

*This form needs to be signed and turned in to the Training Center during orientation to be placed in the student's training records.*

# ACJTC Basic SWAT School

## Physical Fitness Requirements

Statistics and experience have shown that Police Officers, especially those involved in Special Weapons and Tactics duties, should be in good physical condition. Therefore, a mandatory physical fitness assessment will be administered on Sunday afternoon. The test will consist of the following:

**2 pull-ups**

**35 push-ups in 1 minute**

**35 sit-ups in 1 minute**

**1 mile run in 12 minutes**

The fitness test will be accomplished in fatigues with the exception of the run which will be performed in fatigues, web gear, full canteen or camel pack and long gun. All other fitness training will be in PT gear and running shoes. Due to the nature of the training, students who fail the initial fitness assessment will be dismissed from the course. Tuition will be refunded for those failing the P.T test. Enclosed is a form that needs to be signed by the applicants Training Officer or Supervisor stating that he/she is capable of successfully completing the fitness assessment and subsequent training. This form is to be returned to the Training Center by the student during orientation.

Other physical fitness training will be included in the course. This training will include requirements for tactical movement involving quick dashes (20-40 yards) in full tactical gear. All students will be required to rappel down a vertical wall and from a **simulated** helicopter skid. There will be no helicopter rappels in the basic school.

In addition to a physical fitness test, a firearms test will be administered on the first day. Students will need to score 80 % or better to remain in the course. Enclosed is a copy of the Q-Course that will be used for this test. A total of 40 out of 50 hits on a "Q" target constitutes 80 %. Failure of the Q-Course will result in the student being dropped from the course. Students dropped from the course on the first day will be refunded the cost of the course.